



SATOPANTH LAKE *Itinerary*



The Satopanth Lake trek is a 6–7 day high-altitude journey in Uttarakhand, starting from Badrinath and reaching up to 4,600 m / 15,000 ft. It requires acclimatization, good fitness, and proper trekking gear.



This sacred triangular glacial lake is linked to Brahma, Vishnu, and Shiva, offering a rare blend of mythology, spirituality, and raw Himalayan beauty. Best months: May–June & September–October.

TREK QUICK FACTS

	Location		Uttarakhand, Chamoli District
	Trek Duration		6–7 Days
	Max Altitude		4,600 m / 15,000 ft
	Trek Distance		~ 50–55 km approx
	Difficulty		Moderate to Difficult
	Best Time		May–June, Sept–October
	Stay		Camping / Guesthouse
	Mobile Network		Limited / Mostly Unavailable
	Suitable For		Fit Trekkers with experience

Price

₹24400/-

Per Person





DAY-WISE

Itinerary

Day 1



Rishikesh to Jyotirmath/Auli

Auli, in Uttarakhand's Chamoli district at 2,800 m, is one of India's premier skiing destinations. Known for steep oak-lined slopes and stunning Himalayan views of Nanda Devi and Kamet, this scenic bugyal offers year-round charm and panoramic nature trails.



Altitude:
2,800 m



Known for:
Skiing destination



Views:
Nanda Devi & Kamet



Experience:
Nature trails & acclimatization



DAY-WISE

Itinerary

Day 2

Jyotirmath/Auli to Laxmivan

3,600 m | 50–57 km drive + 8 km trek

Drive to Badrinath, then begin the trek to Laxmivan through scenic Himalayan terrain.



Trail: Gentle ascent along the Alaknanda River



Highlights: Alpine forest & Goddess Laxmi legends



Explore: Rare flora & first Nilkanth views



Special: A mystical forest camp



DAY-WISE

Itinerary

Day 3

Laxmivan to Chakratirtha

4,200 m | 10 km trek

A rewarding uphill trek with sweeping mountain views, leading to the legendary meadows of Chakratirtha.



Trail: Steeper climb with panoramic views



Highlights: Chakratirtha meadows, linked to Vishnu's Sudarshan Chakra



Explore: Balakun Peak and glacier views



Special: A campsite that feels mythic and unforgettable



DAY-WISE

Itinerary

Day 4

Chakratirtha to Satopanth Tal

4,600 m | 5 km trek

A short but challenging climb to sacred Satopanth Tal, followed by return to Chakratirtha.



Trail: Steep ascent to the triangular glacial lake



Highlights: Sacred Satopanth Lake, linked to Brahma, Vishnu & Shiva



Explore: Chaukhamba massif and crystal-clear waters



Special: A spiritual and natural highlight of the trek



Return: Visit Satopanth and trek back to Chakratirtha





DAY-WISE

Itinerary

Day 5

Chakratirtha to Laxmi Van to Jyotirmath/Auli

18 km trek | 50–57 km drive

Descend through scenic alpine trails, then drive back to Jyotirmath/Auli.



Trail: Long descent through alpine terrain



Highlights: Meadows & forests revisited



Journey: Trek to Laxmi Van, then drive onward



Special: A fulfilling return journey



TREK HIGHLIGHTS

Final Notes



Day 6 DEPARTURE

Jyotirmath/Auli to Rishikesh

Visit local markets for souvenirs & Himalayan herbs.



Finish the trek with adventure & spiritual memories.

TREK ESSENTIALS



Best Season:
May–Jun & Sept–Oct



Difficulty:
Moderate-Difficult



Altitude:
3,100–4,600 m



Carry: Warm layers, poles, rain gear, medical kit

WHY THIS TREK IS SPECIAL



Mythology, spirituality & Himalayan beauty



Sacred triangular Satopanth Lake



Views of Nilkanth, Chaukhamba & Balakun



Legendary campsites & divine stories

INCLUSIONS



Meals during trek & stay



Camping / Hotel / Guesthouse



Separate stay for Male & Female



Transport: Rishikesh to Rishikesh



PRICE
₹24400/-
Per Person



CONTACT
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OFFICE
Uttarakhand,
Chamoli

See you in the
Himalayas!